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# A note on Bernstein and Markov type inequalities

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## Abstract

Let  $\mathbb{D}$  be the unit disk in the complex plane  $\mathbb{C}$ . We prove that for any polynomial  $p$  of degree at most  $n$

$$\max_{z \in \partial \mathbb{D}} \left| \frac{p(z) - p(\bar{z})}{z - \bar{z}} \right| \leq n \max_{0 \leq j \leq n} \left| \frac{p(e^{ij\pi/n}) + p(e^{-ij\pi/n})}{2} \right|,$$

where  $\partial \mathbb{D}$  denotes the boundary of  $\mathbb{D}$ . We show how this result is related to classical inequalities of Bernstein and Markov and to more recent results due to Duffin and Schaeffer.

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## 1. Introduction

Let  $\mathcal{P}_n$  be the class of polynomials  $p(z) := \sum_{k=0}^n a_k z^k$  of degree at most  $n$  with complex coefficients. We write, together with  $\mathbb{D} := \{z : |z| < 1\}$ ,

$$\|p\|_{\mathbb{D}} := \max_{z \in \partial \mathbb{D}} |p(z)|$$

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and

$$\|p\|_{[-1,1]} := \max_{-1 \leq x \leq 1} |p(x)|.$$

According to the famous inequalities of Bernstein and Markov we have

$$\|p'\|_{\mathbb{D}} \leq n \|p\|_{\mathbb{D}}, \tag{1}$$

$$\|p'\|_{[-1,1]} \leq n^2 \|p\|_{[-1,1]}. \tag{2}$$

We refer the reader to the survey paper of Bojanov [1], and to the recent book by Rahman and Schmeisser [7] for up-to-date references concerning (1) and (2) and their numerous extensions.

In this paper, we shall be concerned by the following *discrete* refinements of (1) and (2):

$$\|p'\|_{[-1,1]} \leq n^2 \max_{0 \leq j \leq n} |p(\cos(j\pi/n))| \tag{3}$$

and

$$\|p'\|_{\mathbb{D}} \leq n \max_{0 \leq j \leq 2n-1} \left| p\left(e^{ij\pi/n}\right) \right|. \tag{4}$$

Inequality (3) is a result due to Duffin and Schaeffer [4]; it is known that equality holds there only for multiples of the  $n$ th Chebyshev polynomial  $T_n \in \mathcal{P}_n$  which is defined for  $x \in [-1, 1]$  by  $T_n(x) := \cos(n \arccos(x))$ . Inequality (4) is due to Frappier et al. [5]; it is further possible [3] to prove that equality holds in (4) only for the monomials  $p_n(z) := Kz^n$ , where  $K \in \mathbb{C}$ .

Each polynomial  $p \in \mathcal{P}_n$  possesses a unique expansion in terms of Chebyshev polynomials as

$$p(z) = \sum_{k=0}^n A_k(p) T_k(z) \quad (A_k(p) \in \mathbb{C}, 0 \leq k \leq n).$$

We clearly have

$$p(\cos \theta) = \sum_{k=0}^n A_k(p) \cos k\theta \quad (\theta \in \mathbb{R})$$

and

$$p'(\cos \theta) = \sum_{k=0}^n A_k(p) k \frac{\sin k\theta}{\sin \theta} \quad (\theta \in \mathbb{R}).$$

We can therefore, by considering the polynomial  $p_*(z) := \sum_{k=0}^n A_k(p) z^k \in \mathcal{P}_n$ , formulate inequality (3) of Duffin and Schaeffer as

$$\left| \frac{e^{i\theta} p'_*(e^{i\theta}) - e^{-i\theta} p'_*(e^{-i\theta})}{e^{i\theta} - e^{-i\theta}} \right| \leq n^2 \max_{0 \leq j \leq n} \left| \frac{p_*(e^{ij\pi/n}) + p_*(e^{-ij\pi/n})}{2} \right|,$$

for all  $\theta \in \mathbb{R}$ .

The main results of this paper are the following:

**Theorem 1.** *Let  $p \in \mathcal{P}_n$ . Then*

$$\max_{\theta \in \mathbb{R}} \left| \frac{p(e^{i\theta}) - p(e^{-i\theta})}{e^{i\theta} - e^{-i\theta}} \right| \leq n \max_{0 \leq j \leq n} \left| \frac{p(e^{ij\pi/n}) + p(e^{-ij\pi/n})}{2} \right|.$$

**Theorem 2.** *Let  $p \in \mathcal{P}_n$  and  $\theta \in \mathbb{R}$ . Then*

$$\left| p'(e^{i\theta}) \right| \leq n \max_{j \in J_n} \left| \frac{p(e^{i(\theta+j\pi/n)}) + p(e^{i(\theta-j\pi/n)})}{2} \right|,$$

where  $J_n := \{0\} \cup \{j : 1 \leq j \leq n, j \text{ odd}\}$ .

Theorem 1 is in the spirit of (4). It gives an upper bound for the uniform norm over  $\mathbb{R}$  of the divided difference

$$\frac{p(e^{i\theta}) - p(e^{-i\theta})}{e^{i\theta} - e^{-i\theta}}$$

of a polynomial  $p \in \mathcal{P}_n$ . Our proof shows that

$$\left| \frac{p(e^{i\theta}) - p(e^{-i\theta})}{e^{i\theta} - e^{-i\theta}} \right| < n \max_{0 \leq j \leq n} \left| \frac{p(e^{ij\pi/n}) + p(e^{-ij\pi/n})}{2} \right|,$$

when  $\theta$  is not an integer multiple of  $\pi$  and  $p \not\equiv 0$ . Theorem 2 is clearly an improvement of Bernstein’s inequality (1); moreover the cardinality of  $J_n$  is much smaller than that of the set  $\{0, 1, \dots, 2n - 1\}$  and therefore Theorem 2 may yield an estimate better than (4). It is possible to identify all polynomials  $p \in \mathcal{P}_n$  which satisfy

$$|p'(1)| = n \max_{j \in J_n} \left| \frac{p(e^{ij\pi/n}) + p(e^{-ij\pi/n})}{2} \right|. \tag{5}$$

Details are supplied in [3]. Let us simply point out here that the set of all polynomials satisfying (5) with  $n = 3$  is

$$\{p : p(z) = (2M + b)z^3 + (M - b)z^2 + (M - b)z - (M - b)\},$$

where  $M$  and  $b$  are arbitrary complex numbers.

## 2. Proofs of Theorems 1 and 2

Let  $\mathcal{T}_n$  denote the vector space of all trigonometric polynomials of degree at most  $n$ . The following quadrature formula (we mention [2, Theorem 2.1] as a ready reference) turns out to be useful.

**Lemma 1.** *The quadrature formula*

$$\frac{1}{2\pi} \int_{-\pi}^{\pi} t(\theta) d\theta = \frac{1}{m} \sum_{j=0}^{m-1} t\left(\frac{2j\pi}{m} + \gamma\right) \quad (\gamma \in \mathbb{R})$$

holds for all  $t \in \mathcal{T}_{m-1}$  and  $\gamma$  real.

We shall prove that, given  $\theta \in [0, \pi]$ , there exist real numbers

$$\alpha_j = \alpha_j(\theta), \quad j = 0, \dots, n,$$

such that

$$\frac{p(e^{i\theta}) - p(e^{-i\theta})}{e^{i\theta} - e^{-i\theta}} = \sum_{j=0}^n (-1)^j \alpha_j \frac{p(e^{ij\pi/n}) + p(e^{-ij\pi/n})}{2} \tag{6}$$

for all  $p \in \mathcal{P}_n$ , and

$$\sum_{j=0}^n |\alpha_j(\theta)| \leq n. \tag{7}$$

The above representation is linear and it is clearly sufficient to consider the basic polynomials  $p(z) = z^k, 0 \leq k \leq n$ . Thus, we are naturally led to the system of equations

$$\sum_{j=0}^n (-1)^j \cos\left(\frac{kj\pi}{n}\right) \alpha_j = \frac{\sin k\theta}{\sin \theta}, \quad k = 0, 1, \dots, n. \tag{8}$$

Let us consider the vector space  $\mathcal{T}_{n,e}$  of all even trigonometric polynomials of the form  $t(\varphi) = \sum_{k=0}^n a_k(t) \cos k\varphi$ . The polynomials  $\tau_j$  defined by

$$\tau_j(\varphi) = \frac{\prod_{v=0, v \neq j}^n (\cos \varphi - \cos v\pi/n)}{\prod_{v=0, v \neq j}^n (\cos j\pi/n - \cos v\pi/n)}, \quad j = 0, \dots, n \tag{9}$$

belong to  $\mathcal{T}_{n,e}$  (see [6, pp. 19–22]) and satisfy the relations

$$\tau_j(v\pi/n) = \delta_{j,v}, \quad j, v = 0, \dots, n,$$

where  $\delta_{j,v}$  represents the usual Kronecker’s delta. The function set

$$\{\cos k\varphi (k = 0, \dots, n), \quad \varphi \in [0, \pi]\}$$

is a Chebyshev system. Therefore, we obtain the interpolation formula

$$t(\varphi) = \sum_{j=0}^n t(j\pi/n) \tau_j(\varphi) \quad (t \in \mathcal{T}_{n,e}).$$

Then, the quadrature formula

$$\int_0^\pi t(\varphi) \mu(\varphi) d\varphi = \sum_{j=0}^n \alpha_j t\left(\frac{j\pi}{n}\right),$$

with coefficients

$$\alpha_j := \int_0^\pi \tau_j(\varphi) \mu(\varphi) d\varphi \quad (0 \leq j \leq n)$$

holds for all  $t \in \mathcal{T}_{n,e}$  and any function  $\mu$ , integrable over  $[0, \pi]$ . In particular,

$$\sum_{j=0}^n \cos\left(\frac{kj\pi}{n}\right) \alpha_j = \int_0^\pi \cos(k\varphi) \mu(\varphi) d\varphi \quad (k = 0, \dots, n)$$

and because of (7) and (8) we would like to choose  $\mu_\theta := \mu$  such that

$$\int_0^\pi \cos(k\varphi) \mu_\theta(\varphi) d\varphi = \frac{\sin(n-k)\theta}{\sin \theta} \quad (k = 0, \dots, n) \tag{10}$$

and

$$\sum_{j=0}^n |\alpha_j| = \sum_{j=0}^n \left| \int_0^\pi \tau_j(\varphi) \mu_\theta(\varphi) d\varphi \right| \leq n. \tag{11}$$

The system  $\{\cos k\varphi \ (k = 0, 1, \dots)\}$  is a complete orthogonal system in  $L^2[0, \pi]$ . So, if  $\mu_\theta \in L^2[0, \pi]$ , then

$$\mu_\theta(\varphi) = \sum_{\nu=0}^\infty c_\nu(\theta) \cos \nu\varphi \quad (\text{a.e.}).$$

We shall look for  $\mu_\theta$  of the form

$$\mu_\theta(\varphi) := \sum_{\nu=0}^n c_\nu(\theta) \cos \nu\varphi \quad (\text{a.e.}).$$

Relations (10) uniquely determine  $\mu_\theta$  as

$$\mu_\theta(\varphi) = \frac{1}{\pi} \left\{ \frac{\sin n\theta}{\sin \theta} + 2 \sum_{\nu=1}^{n-1} \frac{\sin(n-\nu)\theta}{\sin \theta} \cos \nu\varphi \right\}.$$

Clearly, we may think of  $\mu_\theta$  as a  $\theta$ -perturbation of the classical Fejér’s kernel.

The basic interpolation polynomials (9) are uniquely determined. Simple computations show that

$$\tau_0(\varphi) = \frac{\sin n\varphi \cos \varphi/2}{2n \sin \varphi/2}, \quad \tau_n(\varphi) = \frac{(-1)^{n+1} \sin n\varphi \sin \varphi/2}{2n \cos \varphi/2} \tag{12}$$

and

$$\tau_j(\varphi) = \frac{(-1)^j \sin n\varphi \sin \varphi}{2n \sin\left(\frac{\varphi}{2} + \frac{j\pi}{2n}\right) \sin\left(\frac{\varphi}{2} - \frac{j\pi}{2n}\right)}, \quad 1 \leq j \leq n-1. \tag{13}$$

Our next task is to compute the coefficients  $\alpha_j(\theta)$ . We claim

$$\alpha_0 = \frac{1}{2n} \frac{1 - \cos n\theta}{1 - \cos \theta}, \quad \alpha_n = \frac{(-1)^{n-1}}{2n} \frac{1 - (-1)^n \cos n\theta}{1 + \cos \theta} \tag{14}$$

and for  $1 \leq j \leq n-1$ ,

$$\alpha_j = \frac{(-1)^j - \cos n\theta}{n \left( \cos \frac{j\pi}{n} - \cos \theta \right)}. \tag{15}$$

Indeed, when  $1 \leq j \leq n-1$

$$\alpha_j = \int_0^\pi \tau_j(\varphi) \mu_\theta(\varphi) d\varphi = \frac{1}{2} \int_{-\pi}^\pi \frac{(-1)^j}{n} \frac{\sin \varphi \sin n\varphi}{\cos \frac{j\pi}{n} - \cos \varphi} \mu_\theta(\varphi) d\varphi.$$

and observing that in the above integral the integrand is a trigonometric polynomial of degree  $2n-1$ , we apply Lemma 1 with  $m = 2n$  and  $\gamma = 0$  in order to obtain

$$\alpha_j = \frac{(-1)^j}{2n \sin \theta} \left[ 4 \sum_{s=1}^{n-1} \cos\left(\frac{sj\pi}{n}\right) \sin s\theta + 2(-1)^j \sin n\theta \right]$$

and (15) follows upon applications of elementary identities. Similarly, (12) may be used to obtain (14). We finally prove (11): let  $P_n(z) := \frac{1-z^n}{1-z}$ . By (14) and (15) with  $z = e^{i\gamma_0}$

$$\begin{aligned} \sum_{j=0}^n |\alpha_j(\gamma_0)| &= \frac{|P_n(z)|^2}{2n} + \sum_{j=1}^{n-1} \frac{|P_n(ze^{ij\pi/n})| |P_n(ze^{-ij\pi/n})|}{n} + \frac{|P_n(-z)|^2}{2n} \\ &\leq \frac{|P_n(z)|^2}{2n} + \sum_{j=1}^{n-1} \frac{|P_n(ze^{ij\pi/n})|^2 + |P_n(ze^{-ij\pi/n})|^2}{2n} + \frac{|P_n(-z)|^2}{2n} \\ &= \frac{1}{2n} \sum_{j=0}^{2n-1} |P_n(\mu_j z)|^2, \end{aligned}$$

where  $\{\mu_j\}_{j=0}^{2n-1}$  is the set of distinct  $2n$ -roots of unity. Another application of Lemma 1 with  $m = 2n$  and  $\gamma = \gamma_0$  yields

$$\frac{1}{2n} \sum_{j=0}^{2n-1} |P_n(\mu_j z)|^2 = \frac{1}{\pi} \int_{-\pi}^\pi \frac{1 - \cos(n\theta)}{1 - \cos(\theta)} d\theta = n$$

and (11) follows. This completes the proof of (6).

Theorem 1 is an immediate consequence of (6) and (7). Theorem 2, with  $\theta = 0$ , follows by letting  $\theta \rightarrow 0$  in (6) and (7) upon noticing that

$$\alpha_j(0) \neq 0$$

only when  $j \in J_n$ . The general case of Theorem 2 follows by considering  $p_\theta(z) := p(e^{i\theta}z)$  for given  $p \in \mathcal{P}_n$ .

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